

Nancy McIlroy Bio

Nancy is a retired Physical Therapist, having worked for 36 years in a variety of clinical settings. Her role as PT included mentoring students as a Clinical Preceptor in the Acute Care setting, working as Director of Rehab in both a Skilled Nursing Facility as well as a Private Practice Sports Medicine clinic, Staff Therapist for John Muir Home Health Services, and Senior PT at JM Outpatient Rehab Services at Tice Valley-Rossmoor in Walnut Creek, performing both clinical as well as administrative duties. When not working, Nancy enjoys cooking, reading, camping and gardening.

Nancy was born and raised in the Bay Area, received a BS in Biology with a minor in Spanish Language from the University of Nevada-Reno, and returned to the Bay Area to complete her degree in Physical Therapy from the University of California San Francisco in 1984. After retiring, she joined Impact100EastBay in 2021, and started volunteering for the Grants Committee in 2022.

Volunteering for Impact100EastBay is very much like working in Rehab: Each member brings her skill set and area of expertise to the group. We work as a team to identify projects or needs, devise plans to address them, and then implement the plans to achieve our goals, with the ultimate goal of making a difference in the lives of those in need by supporting deserving local nonprofits that serve them.